

## Module specification

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Module Code	STL405
Module Title	Essential Psychology
Level	4
Credit value	20
Faculty	SLS
HECoS Code	100255
Cost Code	GALT

### Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (Hons) Speech and Language Therapy	Core

### Pre-requisites

N/A

### Breakdown of module hours

Learning and teaching hours	36 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
<b>Total active learning and teaching hours</b>	<b>36 hrs</b>
Placement / work based learning	0 hrs
Guided independent study	164 hrs
<b>Module duration (total hours)</b>	<b>200 hrs</b>

<b>For office use only</b>	
Initial approval date	31/8/22
With effect from date	Sept 2022
Date and details of revision	
Version number	1

## Module aims

- You will be introduced to traditional and contemporary psychology theories through the examination of their historical development, key theoretical perspectives and contribution to research.
- You will explore psychological applications to professional and collaborative practice and lifespan development.
- You will consider key influences on psychological development.

## Module Learning Outcomes - at the end of this module, students will be able to:

1	Identify key theories and research in relation to social psychology, biological psychology and individual differences.
2	Describe key social and cognitive concepts in psychology, relevant to speech and language therapeutic practice.
3	Describe key social and cognitive concepts in psychology, relevant to lifespan development, change and process.

## Assessment

### Indicative Assessment Tasks

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

### Formative Feedback:

There will be opportunities built into the teaching and learning to prepare for the summative assignment to support student's academic style and skills. Case based examples will be utilised to bring theories to life. There will also be peer practice opportunities to gain feedback and develop early theoretical rationale with applications to real life cases.

### Summative Assessment:

**Assessment 1:** This will be assessed via a quiz. Some answers will be multiple choice, some will require a short-written response (100 words max).

**Assessment 2:** This will be a 2000-word essay on the key concepts in psychology relevant to a therapeutic approach, lifespan development, change and process and will cover learning outcomes 2 & 3.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1	In-class test	25 %
2	2 & 3	Written Assignment	75 %

## Derogations

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A minimum grade of 40% must be achieved and compensation is not permitted.

## Learning and Teaching Strategies

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The Active Learning Framework (ALF) will be utilised in the delivery of this module through synchronous and asynchronous content. It will consist of lectures, workshops, seminars, interactive online content, and practical work. The workshops will support class lectures and enable students to develop early therapeutic skills, communication skills and foster creativity and innovation through the sharing of ideas. Students will be encouraged to share their peer feedback, reflections, learning and experiences with each other.

There will be a focus on the original source material within each core area, which will include a combination of classic and contemporary research studies using a variety of research methods. There will be shared learning with psychology students but also SLT specific workshops for students to explore the implications of psychology disciplines to communication and SLT practice. The theme of 'lifespan' continues in this module as it does throughout the first year.

## Indicative Syllabus Outline

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- Typical and atypical psychological development across the lifespan: social and cognitive
- Biological and sociocultural influences on psychological development (attachment, play)
- Individual differences: intelligence, personality and temperament
- Psychological issues in key life transitions: adolescence, parenting, mid-life challenges and retirement
- Human resilience
- Scientific nature of psychology including bias
- Introduction to biological psychology
- Introduction to social psychology

## Indicative Bibliography:

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Please note the essential reads and other indicative reading are subject to annual review and update.

### Essential Reads

Gross, R. (2020). *Psychology: The science of mind and behaviour* (8th ed.). Abingdon: Hodder Education

O'Grady, A. (2013). *Lifelong Learning in the UK: An Introductory Guide for Education Studies*. London: Routledge.

### **Other indicative reading**

Boyd, D., & Bee, H. (2019). *Lifespan development* (8th ed.). Pearson Education.

Eysenck, M. (2022). *Simply psychology* (5th ed.). Routledge

Jago, C., & Walsh, I. (Eds.). (2020). *Communication and Mental Health Disorders: Developing Theory, Growing Practice*. J and R Press.

Kinsella, C., & Kinsella, C. (2015). *Introducing Mental Health: A Practical Guide* (2nd ed.). Jessica Kingsley Publishers.

Myres, D., & DeWall, N. (2018). *Psychology* (12th ed.). Macmillan Learning.

### **Journals**

Annual Review of Psychology

British Journal of Psychology

Psychological Bulletin

The Psychologist

### **Employability skills – the Glyndŵr Graduate**

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Each module and programme is designed to cover core Glyndŵr Graduate Attributes with the aim that each Graduate will leave Glyndŵr having achieved key employability skills as part of their study. The following attributes will be covered within this module either through the content or as part of the assessment. The programme is designed to cover all attributes and each module may cover different areas.

#### **Core Attributes**

Engaged

Enterprising

Ethical

#### **Key Attitudes**

Curiosity

Resilience

Adaptability

#### **Practical Skillsets**

Leadership and Team working

Critical Thinking

Emotional Intelligence